

# Trip Information and Permission Form:

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## Shropshire Hiking Weekend

We are running a weekend camping and hiking trip to Andy's Farmhouse in Ditton Priors on the weekend of Feb 16th– 17th 2013.

### This is a trip FOR ALL MEMBERS:

- 1) All D of E participants: everyone needs a refresh and a bit of practice halfway through the course;
- 2) Members who want to have a go getting themselves, their team and all their kit from A to B under supervision but otherwise alone in the Shropshire countryside;
- 3) Anyone who wants a night at Andy's making pizza, roast food, watching movies on the biggest outdoor screen with surround sound!

All expedition team members will be expected to work together to complete the route, preparing and eating hot meals along the way. All team members will be required to assist in carrying their team kit as well as their own kit, which includes:

- Tents
- Food for two meals
- Snacks
- Water
- Expedition Stove
- Fuel
- Waterproofs & Warm clothes
- Sleeping bag & Mat
- Map & Compass

## Accommodation

We will be staying in the woods at Andy's house. There is plenty of space for the tents – or we can camp on the meadow next to it. There is a fire pit, water in the hose and luxury bathroom (bucket). One of the jobs whilst we are there is to try to make a fire powered outdoor shower.

## Location and Local Area

The site is a minute outside the village of Ditton Priors in the heart of Shropshire. It is extremely rural but easy to get to. Travel time is 1 hour 15 minutes from Solihull.

Our address for the weekend will be:

Powkesmore Holding  
Ashfield Road  
Ditton Priors  
Shropshire  
WV16 6TW

You can see this location by visiting entering the post code of WV16 6TW in Google maps at <http://maps.google.co.uk> or [click here](#).

## Weather:

The usual weather in February is 9 degs during the day, maybe with a bit of sun or light rain, 3 or 4 degs overnight. It could be warmer or it could be cooler with rain - we have camped here in the snow in the past – but we know the area and we know that if everyone has the right gear the weather doesn't matter. This is a good weekend to test your response to the weather, test your gear and make sure you have the right stuff if you are doing your D of E assessments later in the year.

## Transport:

We will be using mini bus transport - if anyone needs to get those back for Rugby matches they will need to make arrangements to be picked up and returned that morning, it is possible to do it in time! However, we may ask parents to assist in the logistics on the Sunday morning – Ditton Priors is just over an hour from Solihull.

## Activities & Schedule:

The program for the trip is as follows:

Date	Activity / Event
Saturday February 16 <sup>th</sup>	<ul style="list-style-type: none"><li>• Meet at Knowle Long Stay Car Park at 7.20am</li><li>• Travel to Shropshire Area</li><li>• Start Route at 9.30am</li><li>• Finish route by 4pm</li><li>• Set up camp at Andy's Farmhouse</li><li>• Cook dinner, eat, watch movies and make hot food till small hours</li></ul>
Sunday February 17 <sup>th</sup>	<ul style="list-style-type: none"><li>• Get up, pack up</li><li>• Leave site</li><li>• Complete hike route for all walkers</li><li>• Everyone into vehicles to return home to Knowle Long Stay Car Park for 4.30pm.</li></ul>

## Equipment:

The weather will have every potential for rain, snow, sun, hail, wind, whatever. However, some sensible equipment will be all that is needed to enjoy the trip in comfort. You won't be cold or wet at all if you have the right equipment.

A kit list is provided on the last page, but the important items are:

- Rucksack: you will need **at least** a 45 litre back pack to carry all your own gear as well as the team gear – if you are intending to do D of E or other outdoor activities in the future then aim for a 60 litre rucksack as a minimum . You need to be fitted for your rucksack if you are thinking of purchasing one. If you don't have one and aren't intending to buy one then please consider borrowing a rucksack off another member. Alternatively we have 6 rucksacks available to lend to members.
- Good warm sleeping bag. A reasonable sleeping bag will be in the region of £30 - £50. Oswald Bailey in Solihull do a Nitestar 250XC Sleeping Bag by Vango for £35 – if you mention Challenge Adventure Group (we are listed under “Scout Groups”) you will also qualify for a 10% discount.
- Sleeping mat. These come in all shapes and sizes but basically you need to keep your body off the floor and on the mat with a good foam support. Typical prices around £10 - £20. If you want to go further, consider a self inflating foam mat, like a Thermarest. Cost: ~£50. Don't buy an expensive mat for a hiking trip as they tend to be heavier and will become damaged.
- Waterproofs: the weather can still be pretty changeable at this time of year.
- Proper Walking boots are essential: you need to make sure you have boots, not cross trainers, shoes etc. You will need a good level of foot & ankle support. If you don't have them you can get them at Oswald Bailey. Look for a boot with a good leather upper, or a water resistant soft outer. Don't spend a fortune, but don't skimp either!! If they don't have anything for you, try Go Outdoors in Coventry, but don't take their specials as they tend to be a bit rubbish - you always get what you pay for.
- If you don't have a warm sleeping bag and mat we will be able to lend you one – please let us know as soon as possible.

The kit list is supplied at the end.

## Leaders:

The leaders on this trip are as follows:

Leader	A little about them, in case you didn't already know
<b>Simon Thomas</b> <b>Likes:</b> Curry, Muse concerts, Yachting & Water Skiing. <b>Dislikes:</b> Fishing, Birmingham City, Westlife & Queues <b>Age:</b> about 12	Simon has been planning and running trips for youth groups for 15 years and ran over 40 trips during his time as a scout leader. Simon has extensive mountain experience, has just completed his Basic Expedition Leader award and completed his Gold D Of E whilst still just 15. He's a very smart fella!  Having worked in the U.S. for 16 years, Simon is also a waterfront activities director at a kids summer camp in Maine, USA.
<b>Stu Knight</b> <b>Likes:</b> Aston Villa like gods <b>Dislikes:</b> Fishing, Birmingham City, Westlife & Queues <b>Age:</b> 57, looks good doesn't he!	Stu is a new leader with CAG and enjoys getting out and about at weekends.  Stu has just been on his first CAG trip: overseas for a bit of Skiing in Bardonnechia!!
<b>Ian Carlington</b> <b>Likes:</b> vans <b>Dislikes:</b> Birmingham City or anything to do with football <b>Age:</b> 97	Ian is an outdoor god – Ray Mears learnt everything off him!  Ian is a regular CAG leader and has been on many outdoor expeditions with us.

## Home Contact Details:

During the trip the home contact, in case of emergency, will be Phillippa Holroyd. Her details are as follows:

Home tel: 015654 773393  
Mobile Tel: 07754 544180  
Email: [Phillippa.holroyd@tiscali.co.uk](mailto:Phillippa.holroyd@tiscali.co.uk)

These details should only be used in case of emergency. Phillippa will also update you if a later return than planned is anticipated.

## Trip Cost

The trip will cost £35.

There won't be any need to bring spending money other than for stops on the journey to and from Shropshire – there aren't any places to spend money otherwise.

Cheques should be made payable to "Challenge Adventure Group" and returned with your form.

## Application & Fee

To apply to go on the trip please return your form AND trip fee to:

**Chris Kehoe**  
**43 Tilehouse Green Lane**  
**Knowle**  
**Solihull**  
**West Midlands**  
**B93 9EZ**

**Please return your form to the address above by February 8<sup>th</sup>!! THIS IS A SHORT DEADLINE!!**

If you can't return your forms by that time please email [chris@challengeadventure.org](mailto:chris@challengeadventure.org) to notify him of your intention to camp. A deposit will be required in this case.

# Intention to Camp:

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## Shropshire Hiking Weekend



Your name:

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Name of CAG member intending to take part in the trip:

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I understand the cost of the trip will be £35

I understand the trip will run from the dates of February 16<sup>th</sup> – 17<sup>th</sup>. I enclose the trip fee (non-refundable in the case of acceptance on the trip) payable to "Challenge Adventure Group".

I understand the deadline for application and payment will be **Friday February 8<sup>th</sup> 2013**. If I don't complete the payment by that date I understand my son's / daughters place may be offered to another CAG member.

By signing this form I confirm that the above named CAG member will take part in the trip, and I will be liable for the full cost of the trip, unless otherwise notified by the leader in charge, in the event that my son / daughter will not be able to take part for whatever reason.

Signed:

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Date:

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## Equipment Rental

I would like to borrow a sleeping bag and sleeping mat:

Yes

No

I would like to borrow a rucksack:

Yes

No

I understand the sleeping bags need to be cleaned & aired and the mats to be wiped clean before returning them. I undertake to return the equipment in its original condition and will make good any requirements for repair or replacement for whatever reason whilst in my possession.

I understand the equipment is rented out on a first come first serve basis.

# Permission to Camp:

## Shropshire Hiking Weekend

To be signed by a parent / guardian. Please complete legibly in black ink.

Please return the lower section of this form signed and dated by **Friday February 8<sup>th</sup>** to Chris Kehoe at: **43 Tile House Green Lane, Knowle, Solihull, West Midlands, B93 9EZ or the next meeting.**



The trip will take place at:

**Powkesmore Holding, Ashfield Road  
Ditton Priors, Shropshire, WV16 6TW**

The trip will take place on February 16<sup>th</sup> – 17<sup>th</sup>.

We are leaving from Knowle Car Park (behind the library) on February 16<sup>th</sup> at 7.30am and will return at 4.30pm on February 17<sup>th</sup>.

The cost of the trip is £35.

No responsibility for the personal equipment / clothing and effects can be accepted by the camp organisers and Challenge Adventure Group does not provide automatic insurance cover in respect to such items.

I give permission for

to attend the Shropshire Hiking Trip on February 16<sup>th</sup> – 17<sup>th</sup>.

Has she / he been in contact with any infectious diseases within the last three weeks:

Yes  No

Date of last tetanus immunisation: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Medicines currently being taken:

Does she / he have any allergies to food, medicines or other? Please provide details.

Does he / she have any special dietary needs? Please provide details.

Does he / she have any special needs? Please continue overleaf if necessary.

Does he / she have any conditions that may prevent him / her from taking part in the programmed activities?

Yes  No

If so, please provide details below. Please continue overleaf if necessary.

Name and address of own doctor:

Date of birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

During the event I can be contacted in an emergency at:

Address: \_\_\_\_\_

Telephone number: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

I understand that the Leader reserves the right to send any participants home if necessary. If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the leader in charge of the trip to sign any document required by the hospital authorities.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Note: The medical profession takes the view that the parent's consent to medical treatment cannot be delegated. This view is explicit in the Children Act 1989. Thus medical consent forms have no legal status and a doctor/nurse insisting on the consent of a parent to a particular treatment has the right to do so.

# Kit List:

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## Shropshire Hiking Weekend

You will need the following:

- Plenty of thin layers
- A hat (preferably fleece)
- Gloves - possibly
- Waterproofs
- A set of clothes to travel home in

The following list is a minimum that you must bring.

**You must have WATERPROOFS.** That doesn't mean 'showerproof', but WATERPROOF. If you need to get equipment, some suggestions for you:

- Go to Oswald Bailey in Solihull – they will give you 10% discount if you mention you are with Challenge Adventure Group (ask them to put it down as a scout discount if they look confused).
- If you need to buy boots: don't spend a fortune! You will be able to get a very reasonably priced set of boots that are sturdy and not too padded. The spongy cheap padded boots will rub so don't buy these either. Get leather uppers if possible, they will be more waterproof and last longer.

### Required!!

- Underwear x 1
- Socks x 2
- T shirts x 1
- Sweatshirt or fleece (preferable)
- Warm Jacket
- Hat & gloves
- Rucksack of at least 45 litres minimum - essential
- Torch & Spare Batteries
- Water bottle
- Spare plastic bags for dirty / wet clothes
- Personal First Aid Kit
- Walking boots & walking boot socks
- Wicking undershirt??
- Waterproof Jacket
- Waterproof Trousers
- Sleeping Bag – no pillow!
- Sleeping Mat

### Please note:

Cotton clothing will pick up moisture very quickly and won't dry in the conditions we will be in. Please make sure that you don't bring cotton clothing if you can.

### Naming Items:

Please make sure all of your items are suitably marked or named so that you can reclaim them. We always have items of clothing left over that probably amount to over £100. If they are named we will be able to get them back to you. Call Simon on 07808 481688 if you have any questions.



### For eating:

- A plastic bowl
- A 'spork' (spoon & fork in one)
- Plastic Cup

### Optional

- Thermal underclothing: top and bottom
- Cards
- Camera
- Gloves & Hat
- A full washkit which may be left in the vehicles if required.

### Do NOT bring:

- A knife of any kind – you won't need it
- Mobile Phone!!!!!!
- Ipod or other music player if you don't want to damage it – it will be your responsibility.
- PSP / Game Boy Advance, etc ditto.

### Spending money:

There will not be any opportunities at all to spend money other than during the trip to and from Shropshire – and we aren't planning on stopping. If you wish to bring some money £10 will be more than enough.